



SIX SENSES SPA
Marbella

SUZANA PANASIAN

VISITING PRACTITIONER 12/03- 28/03

Ayurveda Therapist, Master of Yoga, Hatha Yoga teacher, Hypnotherapist, EFT & NLP practitioner, Suzana has been practicing Ayurvedic Healing since 2005.

AYURVEDIC ASSESSMENT

(80 minutes 210 EUR)

AYURVEDIC FACIAL

(50 minutes 160 EUR)

(80 minutes 210 EUR)

NLP COACHING SESSION

(break through old patterns
and develop new strategies)

(50 minutes 160 EUR)

(80 minutes 210 EUR)

ABHYANGA (massage)

(50 minutes 160 EUR)

(80 minutes 210 EUR)

SHIRODHARA

(deep relaxation)

(40 minutes 160 EUR)

UBTAN

(detox body scrub)

(40 minutes 160 EUR)

HEAD MARMA THERAPY

(release mental tensions)

(50 minutes 160 EUR)

GUIDED MEDITATION

(50 minutes 160 EUR)

20 MIN FREE CONSULTATION FOR YOUR FIRST APPOINTMENT

This consultation will help you identify your constitutional type (water, fire, air) and will give you tips and tricks on how you can reach and maintain your physical and emotional balance. All treatments will be adapted to your personal needs

PACKAGES

ABHYANGA + UBTAN / SHIRODHARA

Free facial massage (25 minutes)

ABHYANGA + AYURVEDIC FACIAL

Free guided meditation (25 minutes)

ABHYANGA + UBTAN + FACIAL

Free treatment of your choice (50 minute)

Six Senses Spa Marbella at Puente Romano Beach Resort & Spa

Bulevar Príncipe Alfonso von Hohenlohe, s/n, 29602 Marbella, Malaga, Spain

T +34 952 820 900 | E reservations-marbella-spa@sixsenses.com | www.sixsenses.com